

# Services Provided By The NMEC

## Support Group Meetings For People With CFS/ME and their Carers

The NMEC has a group that meets informally each month:

It is held in the Conference Room of the DSC building on the first Tuesday of each month between 1 pm and 3 pm,

If you would like to receive more information on the group return the slip below to:

**Eileen Forrest c/o National ME Centre**

### Dates for 2009

3 November  
1 December - Quiz

### Dates for 2010

No January Meeting	6 July
2 February	3 August
2 March	7 September
6 April	5 October
4 May	2 November
1 June	7 December

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**NAME:** .....

**ADDRESS:**.....

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**TELEPHONE NO:** .....