

Support Group Meetings For People With CFS/ME and their Carers

The NMEC has a group which meets informally each month:

It is held in the Conference Room of the DSC building on the first Tuesday of each month between 1 pm and 3 pm,

We understand it can be hard to walk into a room of new people. One of our current members would be happy to meet you informally before a meeting for a cup of tea and a chat about how the group runs.

If you would like to receive more information on the group return the slip below to:

Eileen Forrest c/o National ME Centre

Dates for 2008

No January Meeting
5th February
4th March
1st April
6th May
3rd June

1st July
5th August
2nd September
7th October
4th November
2nd December

NAME:

ADDRESS:.....

.....

.....

TELEPHONE NO:

WOULD YOU PREFER THE MENTOR TO BE:

Male/Female/don't mind (please delete those that don't apply)